the nest™
True Golf

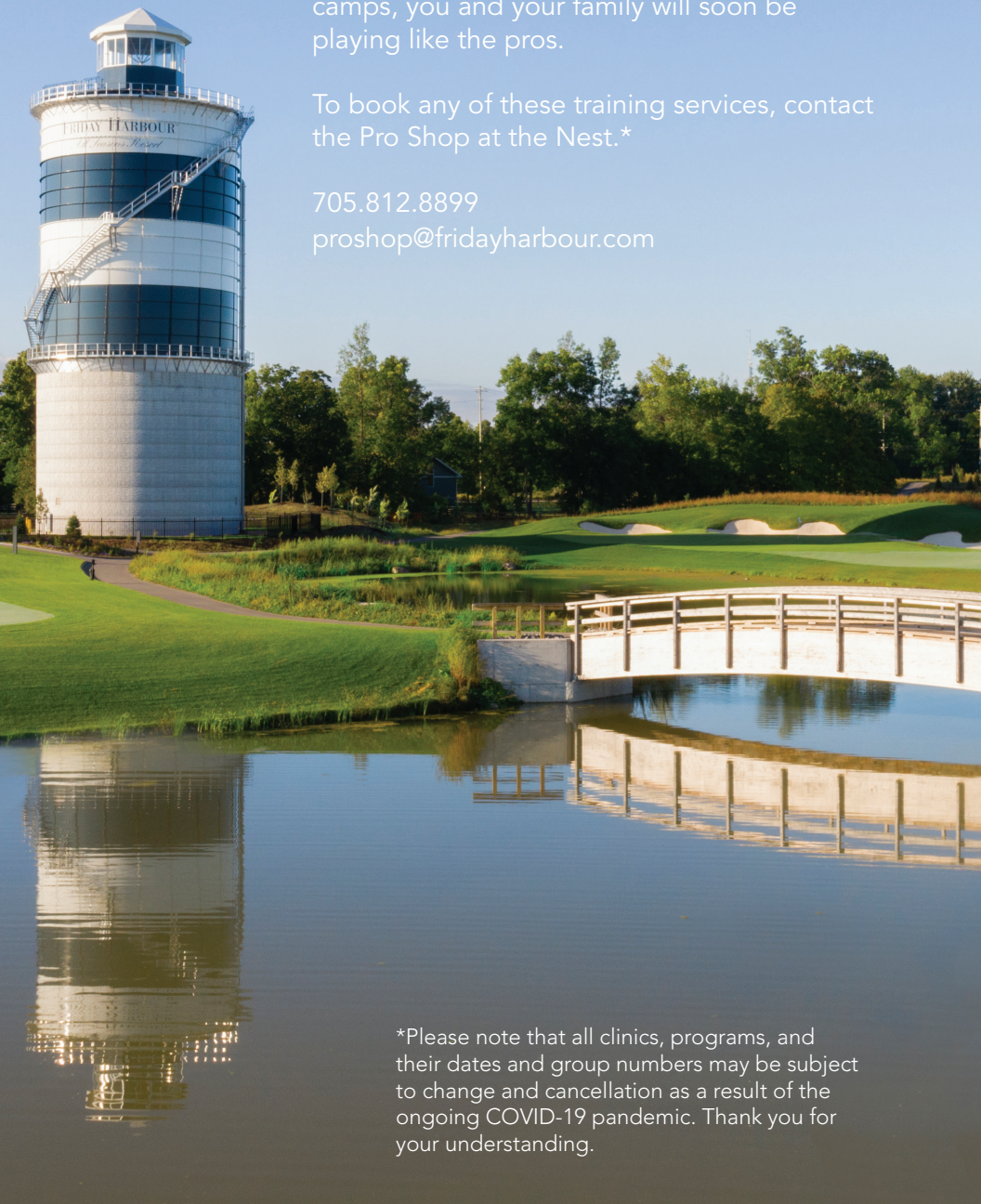
2021 GOLF ACADEMY PROGRAM

welcome to the nest

Up your game this season at the Nest. With private and group instruction, season-long instructional clinics, kids programming and camps, you and your family will soon be playing like the pros.

To book any of these training services, contact the Pro Shop at the Nest.*

705.812.8899
proshop@fridayharbour.com



*Please note that all clinics, programs, and their dates and group numbers may be subject to change and cancellation as a result of the ongoing COVID-19 pandemic. Thank you for your understanding.

private instruction

One-on-one private instruction

MEMBERS AND HOMEOWNERS	
½ HOUR	$54
1 HOUR	$99
SERIES OF 4 HOURS	$349
SERIES OF 10 HOURS	$799

PUBLIC PLAYERS	
½ HOUR	$59
1 HOUR	$109
SERIES OF 4 HOURS	$389
SERIES OF 10 HOURS	$899

semi-private instruction

Instruction that is designed for those who want to learn in a small, relaxed group setting. A perfect opportunity for team building and corporate groups. These one-hour lessons are focused on groups of 2-4 people.

Please inquire for larger groups.

PRICE PER PERSON	
1 HOUR	$125

on-course playing lessons

Designed for those individuals who want to work on their golf game where the game is played. Practicing within this unique lesson format will help you visualize, enhance your course management, and develop a pre-shot routine that will help deliver your practice into your actual golf game.

Subject to availability.

2 HOUR LESSON	$179

adult programming

The Golf Academy at the Nest golf club prides itself on providing the best possible coaching and instruction to golfers of every ability. Our approach enables golfers every opportunity to achieve their individual goals and ensure they receive the maximum enjoyment out of the game of golf.

THE NEST TWO-MONTH GOLF SCHOOL

The Nest golf academy is once again offering the program that gives our students an opportunity to dive deeper into the game of golf with an extensive 8-week program. As each golfer has their own goals within the game, this wonderful social learning program is designed for to cover all aspects tee to green, and is a perfect way for you to reach your goals in golf.

Mondays and Wednesdays – 6:00pm to 7:00pm
June 7 – July 28
Professional to Student Ratio of 8:1

$399

LADIES' SERIES

Back by popular demand this season is our fantastic Ladies' Series. This program offers a safe, fun, judgement-free environment, where you will learn all aspects of the game in an exciting, social 6-week setting.

Fridays – 10:00am to 11:00am
May 28 – July 2
Professional to Student Ratio of 6:1

$269

May 28	Introduction and Putting
June 4	Chipping
June 11	Pitching and Irons
June 18	Driving and Fairway Woods
June 25	Rules and Etiquette/Bunker Play
July 2	On-Course Management (1.5 Hour Session)

signature improvement series

INTRODUCTION TO GOLF CLINIC

Thinking about starting the game, and not sure where to begin? Haven't played in a while and need a refresher? This is the place to start! Don't have clubs? We can help with that too! This clinic is the perfect way to ease your way into the game by giving you the essential information to get going!

Tuesdays – 10:00am to 11:00am
May 25 – June 22
Professional to Student Ratio 6:1

$259

SHORT GAME SCORING SERIES

This clinic is designed to make you a master from 100 yards and in! In this series, we will get our golfers dialed in, and start getting it close to the hole. The Short Game makes up 75% of the entire game, so why not get dialed in where it really matters. Our students will also benefit from the highlight of a proper putter and wedge fitting in this program.

Tuesdays – 9:00am to 10:00am
May 25 – June 22
Professional to Student Ratio 6:1

$259

BODY AND HUMAN SKILLS CLINIC

This clinic inspired by the "Vision 54" method will give the student an eye-opening experience of how the body works in the golf swing, combining movement drills, tempo and tension awareness, emotion and memory, and much more. The goal is to help our golfers become more "self-aware" of their body, and to get in "the zone" more often!

Saturdays – 1:00pm to 2:00pm
May 29 – June 26
Professional to Student Ratio of 4:1

$249

half-day golf school

Back for this season are our ½ day golf schools. These classes are an amazing way to cover the fundamentals of golf in one relaxed session. We will touch on both the short and long game, as well as some on-course preparation, rules and etiquette in this deeply informative class!

Sunday, June 13	9:00am to 12:00pm
Sunday, June 27	9:00am to 12:00pm

Professional to Student Ratio of 6:1

1 CLASS	$159

private junior instruction

Here at The Nest, we pride ourselves on our commitment to grow the game of golf by offering junior golfers a facility where they can learn the game in a fun and safe atmosphere where they can develop a love for the game. Juniors are future of this game so our Professionals here at The Nest pride ourselves on developing these future stars!

JUNIOR PRIVATE LESSONS

Homeowners, Members and Visitors can book private, one-on-one instruction with our Professionals to build specific skills to improve their overall golf game. Each lesson will be half an hour in duration.

1 LESSON	$40
SERIES OF 4 LESSONS	$150

THE NEST JUNIOR COACHING PROGRAM*

The Nest continues its junior development with our most popular junior program that is geared to the junior golfer that seeks a season long progression, which focuses on all aspects of the game, including on-course development. This coaching program includes video analysis, skills tests, and drills. This program is fully customizable to the needs of your junior golfer.

$799

THE NEST ADVANCED TRAINING PROGRAM*

New this season, the Nest Academy is taking our junior development to the next level! Geared towards the Junior golfers that are planning to immerse themselves in the competition aspect of the game, this exciting program will include important aspects such as tournament preparation, scheduling and planning, fitness and nutrition preparation, and most importantly, full swing development. This program will include video analysis, skills combination, and resume and profile building and is perfect for the junior golfer who is looking to excel in CJGA, Golf Ontario, Pepsi Tour as well as National Junior events.

$1299

* Please inquire with Professional Staff for group pricing.
Programs include five hours per month for 5 months

junior programming

BIRDIE BRIGADE

This popular junior golf clinic allows our juniors to come out and learn the game, no equipment needed! It is designed to get young golfers interested in the game of golf in a safe and fun environment. Our young golfers will be provided with a free Birdie Brigade hat from the golf club.

Maximum 15 Children per Class.
Pre-registration required

Wednesdays - July 7 to August 25

Age 4 to 7 Children must be accompanied by an adult	11:00am to 12:00pm
Age 8 to 11	12:00pm to 12:50pm

$75

GIRLS RULE! PROGRAM

This 10-week program will teach young ladies the fundamentals of golf and help them get comfortable as they hit the links.

Sundays - May 23 to August 22

Age 6 to 9	1:00pm to 1:45pm
Age 10 to 15	2:00pm to 3:00pm

$149

junior golf camps

Welcome to the most fun your junior will have all summer! Our 4-day camps will help immerse your junior golfer in every aspect of the game, while providing a wonderful group setting at our top-class facility.

All camps run from
9:00am to 12:00PM

July 13 to 16	Ages 8 to 12
July 27 to 30	Ages 13 to 16
August 10 to 14	Ages 8 to 12
August 17 to 20	Ages 13 to 16

$369

PERFECT YOUR GAME AT THE NEST

Here at The Nest Golf Club, our mission is to provide golfers of every ability the chance to enjoy the game of golf, and be provided with every opportunity to maximize their playing potential. We pride ourselves on providing the best possible coaching and instruction to our golfers, enabling them to have every opportunity to achieve their individual goals. Our Academy has a variety of training programs that will both educate and inspire, so feel free to reach out to any of our certified PGA of Canada Professionals, and we will make sure that you receive exactly the experience that you deserve!

"Good teachers teach, great teachers inspire!"

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