

# DISCOVER DELICIOUS

*Savings*

**FF** Fine  
Food™



**Romaine 3 Pack**  
REG. \$7.99 EA

**\$7<sup>29</sup>**



**Foil Bakers  
Potato**  
REG. \$0.89 EA

**\$0<sup>79</sup>**



**Blueberries**  
REG. \$5.99 EA

**\$5<sup>69</sup>**



**Navel  
Oranges**  
REG. \$0.99 EA

**\$0<sup>89</sup>**



**Celery**  
REG. \$5.99 EA

**\$5<sup>49</sup>**



**Rosemary Potatoes,  
Au Gratin Potatoes**

RESERS PREPARED MEALS  
REG. \$8.99

**\$8<sup>29</sup>**



**Lou's Ribs BBQ  
and Maple**

REG. \$16.99

**\$16<sup>49</sup>**



**Schneiders  
Hot Dogs**

REG. \$4.99

**\$4<sup>49</sup>**



**Boulart Olive  
Fougasse**

REG. \$5.49

**\$4<sup>99</sup>**



**Boulart Ciabatta  
Baguette**

REG. \$5.49

**\$4<sup>99</sup>**



**Tutti Biscotti**

REG. \$8.99

**\$8<sup>49</sup>**



**Wheat Thins All  
Flavours**

REG. \$4.49

**\$3<sup>99</sup>**



**Garden Fresh  
Salsas**

REG. \$6.99

**\$6<sup>49</sup>**



**Neal Bros  
Tortilla Chips  
Original Blue, with  
Flax flax, Rest Rounds**

REG. \$6.49

**\$5<sup>99</sup>**



**International  
Delight Coffee  
Creamer**

REG. \$5.99

**\$5<sup>29</sup>**



**Armstrong cheese  
400G**

REG. \$9.29

**\$8<sup>79</sup>**



**Neilson Cottage  
cheese**

REG. \$6.29

**\$5<sup>79</sup>**



**Almond Breeze  
Milks**

REG. \$6.99

**\$6<sup>49</sup>**



**Roadhouse 1/3  
Beef Burgers**

REG. \$17.99

**\$16<sup>99</sup>**



**Green Giant Stir Fry  
& Cheddar Pasta**

REG. \$5.99

**\$5<sup>29</sup>**



**Compliments  
Muffins 6 pack**

REG. \$8.99

**\$8<sup>29</sup>**



**Rock Harbour**

WILD HADDOCK  
REG. \$10.99

**\$8<sup>99</sup>**

# Seasonal Sale

# H

# 40% OFF

Selected Apparel items