

APPLE VALLEY APPLE PIE

REGULAR 5.99



READY CRUST GRAHAM PIE CRUST

REGULAR 4.99



**REGULAR 5.99** 

E.D. SMITH FILLINGS Pumpkin, Cherry, Apple

REGULAR 4.99

GAY LEA WHIPPED CREAM Original, Light, Coconut



FLYER IN EFFECT FROM OCTOBER 8<sup>TH</sup> TO OCTOBER 28<sup>TH</sup>, 2021

## **PRODUCE**

**BUTTERNUT SQUASH** Product of Canada

REGULAR 3.99



PEPPER SQUASH Product of Canada

REGULAR 3.99



CANATALOUPES Product of USA

REGULAR 4.99



REGULAR 3.49

GRAPES Green and Red Product of USA



#### MEAT

MAPLE LEAF NATURAL SMOKED **BLACK FOREST HAM** 

REGULAR 14.99



YORKSHIRE VALLEY FROZEN CHICKEN **TENDERS** 

REGULAR 28.99



SILK ALMOND MILK 1.89 L Original, Unsweetend, Vanilla

REGULAR 6.49



**REGULAR 3.99** 

INTERNATIONAL **DELIGHT CREAMERS** 473 ml Vanilla and Hazlenut



#### **GROCERY**



**BONNE MAMAN** JAMS **Assorted Flavours** 

REGULAR 2.99

**UNICO OLIVES** Black Pitted, Cocktail, Manzilla



### BAKI



CROISSANTS

REGULAR 5.99



REGULAR 5.99

PULL APART BREAD

ACE BAKERY FOCCACIA





# HOME

**FH GLASSWARE** 

Wine Glass, Pilsner Glass





**FH SHOT GLASSES** 

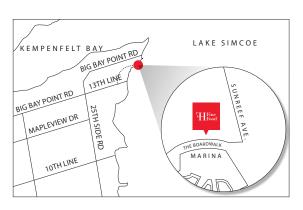




HOURS

SUNDAY - THURSDAY 10AM - 6PM

FRIDAY - SATURDAY 9AM - 8PM



FIND OUR FLYERS AT FRIDAYHARBOUR.COM/FHFINEFOOD